

## SUPPLEMENT

Supplement 1: This is the original survey prototype that was sent electronically to all participants

**Fertility Centers of Illinois**  
*National Infertility Awareness Week: National Online Survey*  
**TOPLINE RESULTS – March 15, 2016**  
**Prepared By Kupersmit Research**

THE FOLLOWING IS A QUESTIONNAIRE FOR AN ONLINE SURVEY. AN ANSWER WAS REQUIRED FOR EACH QUESTION, UNLESS NOTED OTHERWISE. WE WILL BE RECRUITING RESPONDENTS FROM ACROSS THE UNITED STATES, WITH QUOTAS USED TO ENSURE GEOGRAPHIC AND AGE REPRESENTATION ACROSS THE SURVEY. INSTRUCTIONS TO THE PROGRAMMER ARE PRESENTED IN CAPS.

### *Screeners*

Thank you for taking the time to take our survey today. Before you begin, we have a few questions to see if you qualify:

- 1 What is your gender?  
Female  
Male           TERMINATE
- 2 Which of the following best describes your age?  
Under 18           TERMINATE  
18-24           TERIMINATE  
25-29  
30-34  
35-39  
40-45  
46-55           TERMINATE  
65+           TERMINATE  
Not sure/Refused   TERMINATE
- 3 How many children, if any, do you have (of any age)?  
None  
One           TERMINATE  
Two           TERMINATE  
Three or more   TERMINATE  
Prefer not to say   TERMINATE
- 4 Please select the state where you currently live from the drop down list: CODED REGION:  
Northeast  
Midwest  
South  
West

### *Intent/Plans to Have Children*

Today's survey will ask you about your attitudes toward having children.

- 5 First, do you want to have children someday?  
No  
Yes  
Not sure

- 6 Which of these applies to you:  
Have never tried to have children  
Have tried to have children in the past, not trying now  
Currently trying to have children  
Prefer not to say
- 7 If you had a chance to do it all over again, how many children would you have had when you were younger, or would you still not have had children at this point in your life?  
No children  
One  
Two  
Three or more  
Not sure

IF SOMEONE SAYS THEY DO NOT WANT CHILDREN (Q5=1) AND HAVE NEVER TRIED TO HAVE CHILDREN (Q6=1) AND WOULD NEVER HAVE HAD CHILDREN (Q7=1) CONTINUE WITH INTRO FOR Q28 (CODE AS “NOT INTERESTED IN CHILDREN”)

A TOTAL OF 196 RESPONDENTS CODED AS “NOT INTERESTED IN CHILDREN.” ALL QUESTIONS THROUGH Q28 HAVE AN “N”=805 UNLESS NOTED OTHERWISE, AND ARE ASKED ONLY OF WOMEN WHO HAVE, AT SOME POINT IN THEIR LIFE, EXPRESSED A DESIRE TO HAVE CHILDREN.

SKIP TO Q11 IF THEY ARE CURRENTLY TRYING TO HAVE CHILDREN (Q6=3):

- 8 How likely is it that you will want to start having children in the next 1-5 years? (*n* = 803)  
Certain  
Pretty likely  
Not very likely  
Not at all likely  
Not sure
- 9 How likely is it that you will want to start having children in the next 6-10 years? (*n* = 649)  
Certain  
Pretty likely  
Not very likely  
Not at all likely  
Not sure

ASK ONLY IF 29 OR YOUNGER:

- 10 How likely is it that you will want to start having children in the next 11-15 years? (*n* = 132)  
Certain  
Pretty likely  
Not very likely  
Not at all likely  
Not sure
- 11 If you could choose the “ideal” age (approximately) for women to start having children, what would it be?  
Younger than 25  
25-29  
30-34  
35-39  
40-44  
45 or older  
Not sure

Think for a moment about reasons that you might want to wait to have a child at this point in your life.

How strongly do you identify with the following statements?

12 I want to focus on my career, then focus on a child  
Identify very strongly with this  
Somewhat  
Not really  
Not at all

USE SAME CODES/QUESTIONS FOR THE FOLLOWING:

13 I have not found the right partner yet  
Identify very strongly with this  
Somewhat  
Not really  
Not at all

14 I want to be financially established so I don't struggle like my parents did  
Identify very strongly with this  
Somewhat  
Not really  
Not at all

15 I value my freedom and have no desire to be tied down right now  
Identify very strongly with this  
Somewhat  
Not really  
Not at all

16 I want to ensure that I'm emotionally stable and have the appropriate life experience to embrace parenthood  
Identify very strongly with this  
Somewhat  
Not really  
Not at all

17 How much do you think about this issue of whether you want to have children, when to have children, etc.?  
All the time, it's constantly on your mind  
Think about it a lot  
Some  
Not that much  
Not at all

18 Do you feel pressure from any of the following to have a baby? Please choose all that apply:  
Your mother

From yourself  
Other family members (aunts, uncles, cousins, grandparents)  
Friends  
Your in-laws  
Work colleagues  
Your father  
From your partner/spouse  
Other/SPECIFY  
None of these

19 Are you currently in a committed relationship?  
Yes  
No  
Not sure/Prefer not to say

IF YES:

20 Is the issue of having children a source of stress for your relationship?

- Yes, very much
- Yes, somewhat
- Not really
- Not at all

*Concern about Infertility*

21 How much do you worry about being able to get pregnant and have a baby?

- All the time, it's constantly on your mind
- Think about it a lot
- Some
- Not that much
- Not at all

How strongly do you identify with the following statements?

22 Being a mom is my life's goal and I hope I don't have problems

- Identify very strongly with this
- Somewhat
- Not really
- Not at all

23 I know people who have struggled with infertility and I hope I don't have the same experience

- Identify very strongly with this
- Somewhat
- Not really
- Not at all

24 If I can't get pregnant, I am comfortable exploring other options

- Identify very strongly with this
- Somewhat
- Not really
- Not at all

25 I do not worry; if it's meant to be, it will be

- Identify very strongly with this
- Somewhat
- Not really
- Not at all

Q26 AND Q27 AGE 35+ ONLY:

26 I would have made different life choices had I been more knowledgeable about fertility at a younger age (*n* = 428)

- Identify very strongly with this
- Somewhat
- Not really
- Not at all

27 I would have considered freezing my eggs when I was younger had I known how common it is for women over 35 to face challenges getting pregnant and having a baby (*n* = 365)

- Identify very strongly with this
- Somewhat
- Not really
- Not at all

*Awareness, Education regarding Infertility*

ALL RESPONDENTS CONTINUE HERE

IF THEY ARE “NOT INTERESTED IN CHILDREN” SHOW THE FOLLOWING INTRODUCTION: Today’s survey is about issues related to fertility and women’s awareness and attitudes toward these issues.

ALL OTHERS CONTINUE WITH NO INTRODUCTION

28 Do you have any family members or friends who have struggled with infertility?

Yes

No

Prefer not to say

Education for women around personal fertility potential is currently not addressed in sex education, and there are no requirements for physicians such as Ob/Gyn’s to discuss this with female patients. In order to learn about their fertility, women must independently do research or learn from their personal network in conversation.

29 Given this, do you agree or disagree that women should have the option to learn about fertility education during an OB/GYN visit?

Strongly agree

Somewhat agree

Neither agree nor disagree

Somewhat disagree

Strongly disagree

30 Do you agree or disagree that young women should be taught about basic fertility information during sex education classes in school?

Strongly agree

Somewhat agree

Neither agree nor disagree

Somewhat disagree

Strongly disagree

Some women choose to undergo a procedure where eggs are removed from their ovaries and frozen for future use, freezing their biological clock and helping with their future family planning goals.

31 How familiar are you with this procedure?

Have never heard of it before

Heard of it, but don’t know much about it

Know a little bit

Know a lot

32 Are you concerned about any of the following when you think about freezing your eggs?

Heard it’s expensive

Don’t know much about it

Want to start a family naturally

Feel strange freezing eggs before having a partner or stable situation

At odds with my religious or cultural beliefs

Other concern/SPECIFY

None of these

Please read the following statement:

“Many women think it’s common to get pregnant after 35, but after 35, ovarian reserve (egg supply) declines, miscarriage rates increase and pregnancy is considered high risk.”

33 Have you heard this before?

Yes, have heard a lot about this

Yes, but have only heard a little about it

No, have not heard of this before

Given this, do you agree or disagree with the following:

34 Infertility education is a necessary component of health-care and sex education and should be discussed early on during doctor visits and in school to ensure young women are educated at an early age and are not caught by surprise when they are ready to start a family.

- Strongly agree
- Somewhat agree
- Neither agree nor disagree
- Somewhat disagree
- Strongly disagree

35 Women should have reliable and trustworthy sources of information to learn about infertility so they can make choices, including possibly freezing their eggs, before they are older and it is much harder to conceive successfully.

- Strongly agree
- Somewhat agree
- Neither agree nor disagree
- Somewhat disagree
- Strongly disagree

### *Demographics*

The following questions are used for statistical purposes only:

36 For comparison, which of the following health issues are concerns for you in your life? Please check all that apply:

- Anxiety or depression
- Weight issues
- Skin or hair health
- Infertility or not being able to get pregnant
- Cancer (including breast, ovarian, cervical cancer)
- Heart Conditions
- Diabetes
- Other/SPECIFY
- None of these
- Prefer not to say

37 What is your current marital status?

- Single
- Married
- Widowed
- Divorced
- Living with a domestic partner
- Prefer not to say

38 Are you currently: (READ LIST)

- Employed full time
- Employed part-time
- A homemaker
- Retired
- A student
- Unemployed and looking for a job
- Unemployed and not looking for a job
- Other
- Prefer not to say

39 How often do you attend church or religious services?

- More than once a week
- Once a week

2-3 times a month  
Once a month  
Once every few months  
Once or twice a year  
Every few years  
Never  
Prefer not to say

40 Which of these best describes where you live?

A large metropolitan area or its suburbs  
A small city  
A small town or rural area  
Prefer not to say

41 Which of the following best describes your ethnic or racial background:

White, Caucasian  
Black, African-American  
Hispanic, including White Hispanic  
Asian  
Native American  
Multi-racial  
Other  
Prefer not to say

42 Do you identify yourself as:

Straight or heterosexual  
Lesbian, gay or homosexual  
Bisexual  
Something else, please describe  
Prefer not to say

43 Which of the following best describes your household income for the year 2015?

Less than \$19,999 per year  
\$20-\$29,999  
\$30-\$39,999  
\$40-\$49,999  
\$50-\$74,999  
\$75-\$99,999  
\$100-\$149,999  
\$150,000 or more  
Prefer not to say

Thank you for your time.